



Killeavy

Castle Estate

Spa

Get closer to what's important



Our Spa is a hidden haven of tranquillity, luxury, and relaxation within the majestic grounds of our rural retreat.

Choose from a range of soothing ELEMIS treatments, reinvigorate tired limbs with a dip in the hydro pool or simply drift away in the relaxation areas. The restorative treatments and relaxing space will offer solace and refuge; a chance to reconnect with your spiritual self.

Begin your spa experience with a pre-treatment consultation from our highly skilled therapists to tailor the perfect therapy for you. Enjoy our water therapy area with hydro and exercise pool and views of the magnificent walled garden and farmland.

Move to the mountain view Tylarium, a combination of sauna and steam to purify and detoxify the body by gently heating up and stimulating circulation before cooling down in our aroma mist and drench showers. For something different, unwind in our outdoor hot tub or relax in one of our luxury heated mosaic tiled loungers.

Our therapists make it personal, concentrating on your needs to personalise your treatments to suit the rhythm of your life and nature of your skin.

Now you are ready for anything – a business meeting, a mountain hike, romantic dinner, or even “I do”.

Guests who are availing of spa services have complimentary use of the spa thermal suite.

Our opening hours are Monday to Sunday
Spa Thermal Suite: 8:00am to 8:00pm
Treatments: 10:00am to 6:30pm
Children’s swim times: 8:00am-10:00am and 6:00pm-8:00pm

We look forward to welcoming you.

Phone: +44 (0) 28 3044 7999 | Email: spa@killeavycastle.com



Residential Spa Experiences

Take time to soak up the full atmosphere of the estate by staying over in one of our luxurious rooms and choosing from a selection of spa experiences.

Spa Escape

From £450 per couple

One night's luxury accommodation with full Irish breakfast and a 7-course Taste of the Estate menu in our Restaurant. Includes a 60 minute pro-glow facial or a 60 minute Swedish full body massage.

Spa Babymoon

From £370 per couple

One night's luxury accommodation with full Irish breakfast. For the mum-to-be a deluxe 70 minute peaceful pregnancy massage, for the partner a 70 minute deep tissue massage.

Spa Essence

From £350 per couple

One night's luxury accommodation with full Irish breakfast and a 3-course evening meal in our Bistro bar. Includes a 30 minute Swedish back of body massage or a pro-glow 30 facial.

Spa Couples Together

From £335 per couple

One night's luxury accommodation with full Irish breakfast and a 60 minute couples hot mineral body boost massage for two.

Spa Serenity

From £325 per couple

One night's luxury accommodation with full Irish breakfast and a 30 minute Swedish back of body massage followed by a pro-glow 30 facial.

Additional residential spa experiences are available on our website killeavycastle.com

Terms and Conditions: All experiences are subject to availability. May exclude bank holidays and special events. Cannot be used in conjunction with any other promotion or experience. Prices are based on two adults sharing, per room, per night.





Day Spa Experiences

Complete Retreat **180 minutes | £245**

Body nectar nourishing wrap, intensely cleansing salt scrub, Swedish full body massage, 60 minute pro-glow facial.

Couples Time Out **90 minutes (each) | £240**

Couples deep tissue full body, face and scalp massage.

New Beginnings **120 minutes | £180**

Peaceful pregnancy massage, 60 minute pro-glow facial.

Mind Body and Soul **90 minutes | £175**

Back of body hot stone massage, foot and ankle massage, pro-glow 30 facial.

Killeavy Wellness **120 minutes | £145**

Hot mineral body boost massage, 60 minute pro-glow facial.

Estate Purification **120 minutes | £140**

Intensely cleansing salt scrub, hand and arm massage, pro-glow brilliance facial.

Beautiful Balance **60 minutes | £110**

Head, neck and shoulder massage, pro-glow 30 facial.

All day spa experiences include 90 minutes complimentary use of our spa thermal suite and 30 minutes in our spa relaxation room on the day.



ELEMIS Pro-Glow Facials

Thriving, visibly healthy and energised skin. The ELEMIS Pro-Glow facial treatments use touch as a powerful diagnostic tool, softening and preparing the skin to receive actives. Products are applied using a combination of ancient and modern massage techniques from around the world, working to switch the skin back on, increasing its natural cellular energy.

Book a course of four ELEMIS pro-glow facials (60 minutes) and get one free £340 £255*

*Terms and conditions apply

ELEMIS Pro-Glow Facials

Pro-Glow Genius Facial

80 minutes | £105

Your line fighting superhero facial. Clinically proven intelligent skincare and our triple level approach to skin hydration results in transformative results for younger looking skin. Powered by our ELEMIS ULTRA-SMART formulas, with a spotlight on deep-set wrinkles for maximum multifaceted facial rejuvenation and skin hydration. An unsurpassed line fighting facial experience, skin will appear immediately firmer and more radiant after just one treatment.

Renewal Facial

60 minutes | £85

ELEMIS' signature triple cleanse facial provides hyper focused resurfacing and moisture-boosting results to unlock a healthy, lit-from-within glow. In just one treatment, skin looks visibly refreshed, renewed and radiant.

Smooth Facial

60 minutes | £85

The Hiit workout for your skin. Powerful resurfacing technology lifts away dead skin cells to sooth, renew and refine. Skin is prepped for an infusion of hydration that will double its moisture content, leaving the skin feeling plump and hydrated, whilst delivering an immediate and visibly tightened effect. After just one treatment the skin looks firmer, supremely smooth and rejuvenated.

Resurface Facial

60 minutes | £85

Resurfacing for stunning smooth skin. Purify and brighten as skin's texture is transformed. With a spotlight on enlarged pores, blemishes and blackheads, this unique facial powered by patented Tri-Enzyme technology minimises the looks of uneven tone, texture, fine lines, and pigmentation. Dull, uneven, tired-looking skin will appear instantly brighter, smoother and renewed.

Brilliance Facial

60 minutes | £85

Your recipe for radiance. Turn up the brightness with our triple cleanse, melting away make-up and daily pollutants. Gentle resurfacing dissolves dead skin cells to reveal clear, healthy, outdoor fresh glowing skin.

Pro-Glow 30 Facial

30 minutes | £65

Instant pick me up, tailored to all skin types. Ideal for those on the go or needing a quick pampering. Skin will be left glowing, rejuvenated and smooth.



ELEMIS BIOTEC Facials

The ELEMIS BIOTEC facial treatment harnesses the revolutionary power of the 5 technologies listed below. In just one treatment, skin is visibly rejuvenated, refreshed and radiant.

5 Technologies used in BIOTEC Facials are:

Ultrasonic

Galvanic

O2 Fusion

LED Light Therapy

Microcurrent

**Book a course of six ELEMIS BIOTEC facials
(60 minutes) and get one free ~~£570~~ £475***

*Terms and conditions apply



ELEMIS BIOTECH Facials

Biotec Genuis Facial

80 minutes | £115

The ultimate age-defying experience. Harnessing the powerful benefits of all 5 ELEMIS BIOTECH 1.0 technologies, skin will be visibly smoother, more sculpted, and firmer with a spotlight on deep-set wrinkles for maximum, multifaceted facial rejuvenation, and skin hydration. An unsurpassed, age-defying facial resulting in a more lifted, radiant youthful appearance after just one treatment.

Biotec Renew Facial

60 minutes | £95

For healthy, gorgeous glow. The ELEMIS signature deep cleansing skin wellness facial harnesses the goodness of prebiotics and antioxidants to deliver a healthy-looking, lit-from-within glow. After just one treatment, skin looks visibly refreshed and rebalanced.

Biotec Smooth Facial

60 minutes | £95

The ultimate Hiit workout for your skin. Ultrasonic peeling exfoliates dead skin cells to smooth and prepare the skin for fine line-fighting microcurrent technology, targeting lines and wrinkles for more radiant, youthful looking skin. Skin will appear more vibrant, with improved feeling of firmness and elasticity.

Biotec Resurface Facial

60 minutes | £95

Reveal stunningly smooth skin. Super charged deep cleansing and powerful ultrasonic peel technology eliminates visible pollutants, dirt, and impurities for an immediately clearer, brighter complexion. Gently resurfacing, helping to reduce visible dryness and smooth the appearance of fine lines. Dull, uneven, tired looking skin will appear instantly renewed and stunningly smooth and clear.

Biotec Brilliance Facial

60 minutes | £95

Your recipe for radiance. Ultrasonic peel technology and brightening enzymes deep cleanse and remove visible pollutants, make-up and city grime. Hydrating technology and antioxidant-rich superfoods will plump and smooth with a super-charged air massage to breathe life into your skin. Immediately revealing a super-healthy complexion, you'll look and feel more radiant, relaxed and glowing.



ELEMIS Massage

Peaceful Pregnancy Massage 70 minutes | £105

Suitable from 12 weeks. A truly unique pregnancy massage which supports and ensures that the mother to be feels comfortably cocooned. This intuitive, sensitive, and relaxing massage relieves tension in the lower and upper back as well as alleviating swelling of hands and feet. Aromatics are specially selected for optimum wellness and deep calm. It is a privilege to connect with a mother-to-be through the power of touch and working with two hearts as one.

Hot Mineral Body Boost Massage 60 minutes | £85

A powerful treatment to stimulate every cell in the body, helping alleviate muscular pain and remove toxins. This is a revolutionary, minerally charged experience of skin conditioning, metabolic balancing, and energising wellness.

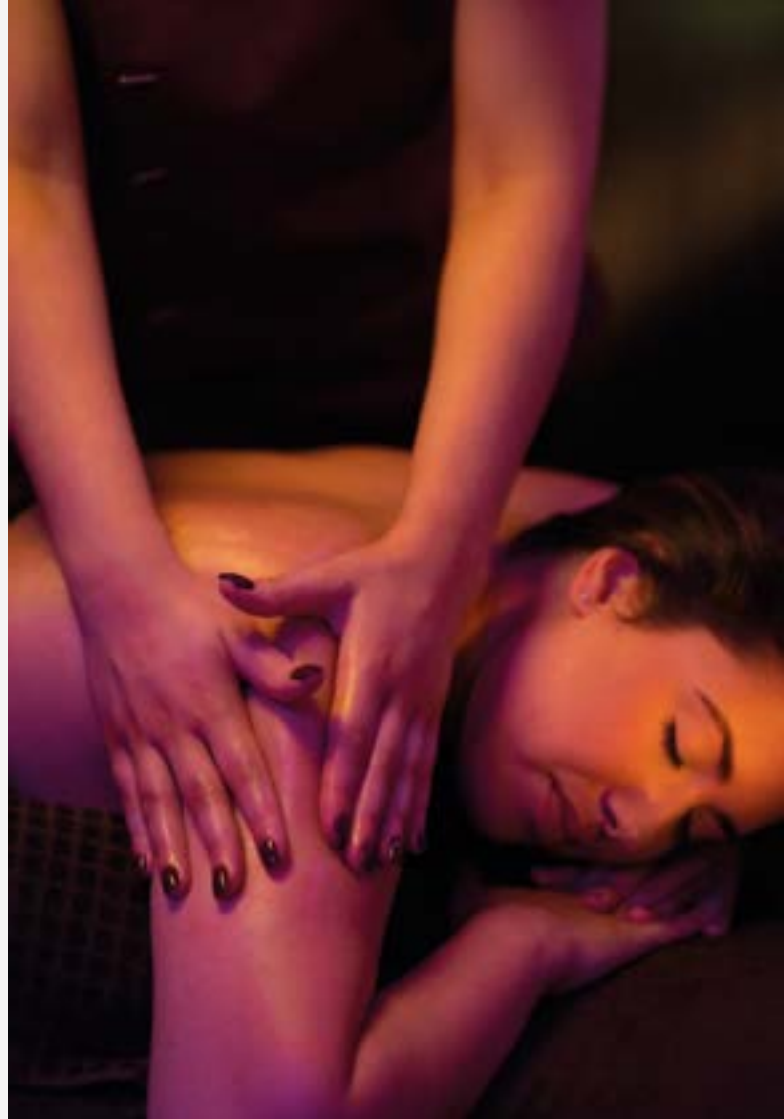
Swedish Full Body Massage 60 minutes | £85

Swedish Back Massage 30 minutes | £65

A relaxing full body massage using light to medium pressure. Relieves tension, revives your body by manipulation of the muscles for lymphatic drainage, restores energy and wellbeing.

Head, Neck and Shoulder Massage 30 minutes | £65

Designed to concentrate on tension built up on the muscles of the head neck and shoulders so benefits can be achieved in a shorter period of time. Using nourishing oil, the knots are eased away as your body becomes revitalised.



ELEMIS Advanced Massage

Deep Tissue Massage

Full Body Massage	60 minutes £90
Back of Body Massage	30 minutes £70

This deeply relaxing massage is tailored entirely to your needs, easing out muscle tension, broadening and stretching with powerful techniques encouraging optimum circulation leaving you feeling grounded and focused. Renowned for being the ultimate massage experience resulting in a realigned body and mind.

Hot Stone Massage

Full Body Massage	60 minutes £90
Back of Body Massage	30 minutes £70

A curated range of Balinese stones bathed in the Frangipani Monoi body oil are selected to address exactly what you need. They are worked over the body, deep into the muscles, persuading the muscles to release their trapped energy. The result is sparkling vitality with the bonus of intensely hydrated skin.

Couples Massage

Deep Tissue Full Body Massage	60 minutes £190
Hot Mineral Body Boost Massage	60 minutes £180
Swedish Full Body Massage	60 minutes £180

Enjoy a full body massage in the same room at the same time. Each client will have their own therapist for the duration of the treatment. Side by side in sweet harmony.



ELEMIS Body Treatments

Thousand Flower Detox Wrap 60 minutes | £85

This nutrient-rich detox wrap uses the deeply nourishing green tea balm to encourage super skin health, tackling problematic cellulite and is a powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

Body Nectar Nourishing Wrap 50 minutes | £75

The velvety texture of the Monoi oil offers super-hydration, quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work. Monoi oil will soothe, condition and soften skin. Drench yourself in its moisture and bathe in this comforting wrap treating you from the crown to the tips of your toes.

Intensely Cleansing Salt Scrub 50 minutes | £75

An exotic exfoliation ritual to invigorate and bring vitality to the body. Chosen salt, cleanses and polishes the skin, encouraging the regeneration of new cells. Leaving the skin glowing vibrant and flawless looking.





Holistic Therapies

Reflexology

60 minutes | £80

Reflexology in simple terms works on the principle of applying pressure by fingers, thumbs, and hands to areas on the feet that correspond with specific areas and organs of the body (reflexes). It is a non-invasive and gentle therapy based on 'zone therapy' which aims to alleviate stress and holistically treat the 'whole person'.

Holistic Massage

60 minutes | £80

This massage technique involves not only the body but the spirit, emotions and energies of the whole body. It by definition is a treatment that considers the person as a whole. Helping reduce stress and pain in the muscles.

Indian Head Massage

50 minutes | £70

An ancient practice incorporating acupressure points and massage of the upper back, shoulders, neck, head and face. Excellent for the treatment of migraines, headaches, and stress.

Enhancements

7 in 1 Light Energy Therapy

20 minutes | £30

Hand and Arm or Foot and Ankle Massage

20 minutes | £20

Face and Scalp Massage

20 minutes | £20

Glass of Prosecco

| £10



How to Spa

Aftercare: To get the most from your spa experience and to continue homecare, most of our products used are available for retail at our Spa reception.

Arrival: We kindly request that you arrive 20 minutes before your treatment time so a detailed consultation form can be completed for the therapist to adapt the treatment to suit your individual needs. Please be advised that if you arrive late, the time of your treatment will be shortened in consideration of the next guest, and you will be charged at the full treatment price.

Booking Information: A 50% deposit will be taken when booking spa appointments. This is non-refundable, but can be transferred to an alternative date when more than 48 hours notice is given. Less than 48 hours notice will result in the loss of your deposit.

Cancellation Policy: If you wish to cancel an appointment, please notify us 48 hours in advance and for groups of six or more 7 days. Cancellations with less than 48 hours' or 7 days as applicable, or no show will be charged at the full treatment price.

Children Policy: Persons under 16 are not permitted in the spa or thermal suite. You must be 18 or over to book a spa treatment. We regrettably cannot accommodate children or babies in the spa waiting area. Children swim times are 8am to 10am and 6pm to 8pm.

Etiquette: If you are a hotel guest please arrive at the spa in your robe and slippers which will be provided for you in your guestroom. If you are a day spa guest these will be provided to you upon arrival. Disposable underwear is provided for your comfort during your spa treatment. Please bring a swimsuit if you wish to use the spa thermal suite.

Gratuity: If you wish to leave your therapist a gratuity this is entirely at your own discretion.

Health Considerations: When making your spa reservation, kindly advise us of any health conditions, allergies, or injuries which could affect your choice of treatment. If you are taking medication, have a medical condition or any injuries that were not discussed at the time of booking, this could lead to the treatment being changed or cancelled. Please note the Tyarium is not recommended for people who suffer from high blood pressure and circulatory problems, asthma or respiratory conditions.

Lost Property: All lost property will be handed into spa reception. Items will be stored for three months, if unclaimed they will be donated to local charities. Please note that the spa does not and cannot take responsibilities for items left behind or lost during your time with us.

Men's Treatments: All brochure listed treatments are adaptable and suitable for men. For facial treatments, we recommend that men shave no longer than two hours prior to any treatment.

Pregnancy: We have specifically designed treatments for expectant mothers. Please allow our Spa team to guide you in selecting which treatments are most suitable for you during this special time. Treatments will only be carried out from 12 weeks onwards. Please note, use of the Tyarium and all other heat therapies are not suitable during pregnancy.

Prices and Treatments: Prices and details of treatments are correct at the time of going to print. Management reserves the right to alter or amend any of the details or prices at any time without prior notice.

Refreshments: We offer a selection of refreshments within the spa relaxation room which is available to spa guests only. Dining options are also available in the hotel restaurant, bistro bar and lounges.

Treatment adjustments: To ensure you fully enjoy your treatment, please advise your therapist if you would like to change the amount of pressure during your massage.

Valuables: We kindly ask that you refrain from bringing valuables to the spa. Although we provide secure lockers within the changing areas, we cannot take responsibility for loss, theft, or damage to personal items. We also request that for your peace and privacy, phones and other electronic devices are turned off whilst in the spa. Please remember to remove all items from your robes before leaving the spa.



Find us

Killeavy Castle Estate is one hour from both Belfast and Dublin Airport, ten minutes from the motorway.

From Belfast: Take the A1 south. Just past Newry, take the exit for Slieve Gullion Forest Park and follow signs for Killeavy Castle along the Forkhill Road.

From Dublin: Take the M1 motorway towards Belfast, take the exit for Slieve Gullion Forest Park and follow signs for Killeavy Castle along the Forkhill Road.

GPS

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Gift Cards

A luxurious Killeavy experience makes the perfect gift. Gift cards are welcome throughout the Estate and, with no expiry date, can be used long after receiving, for:

- Overnight accommodation
- A fine dining experience
- Drinks and a casual meal
- Deluxe spa treatment
- Afternoon tea



Killeavy

Castle Estate

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